

# KANEOHE AIKIDO CLUB - KYU EXAM CRITERIA FOR 5:10 AND 6:40 PM CLASSES

**NAGE NAME:**

**UKEMI NAME:**

**CURRENT KYU RANKING/COLOR:**

**DATE OF EXAM:**

I.	SIX (6) BASIC ARTS	SCORE
1	<i>Shomenuchi Kokyunage</i>	
2	<i>Yokomenuchi Shihonage</i>	
3	<i>Katatori Ikkyo Irimi</i>	
4	<i>Munetsuki Kotegaeshi</i>	
5	<i>Ushirotori Kokyunage</i>	
6	<i>Ushiro Tekubitori Kubishime Sankyo</i>	

II.	TACHIWAZA ARTS	SCORE
<b>A. SHOMENUCHI (strike to top of head)</b>		
1	<i>Shomenuchi Ikkyo Irimi</i>	
2	<i>Shomenuchi Nikkyo</i>	
3	<i>Shomenuchi Sankyo</i>	
4	<i>Shomenuchi Kokyunage</i>	
5	<i>Shomenuchi Kotegaeshi</i>	
<b>B. KATATORI (grab shoulder-same side)</b>		
1	<i>Katatori Ikkyo Irimi</i>	
2	<i>Katatori Nikkyo</i>	
3	<i>Katatori Sankyo</i>	
4	<i>Katatori Kokyunage</i>	
5	<i>Katatori Kotegaeshi</i>	
<b>C. YOKOMENUCHI (strike side of head)</b>		
1	<i>Yokomenuchi Kokyunage Irimi-1</i>	
2	<i>Yokomenuchi Kokyunage Irimi-2</i>	
3	<i>Yokomenuchi Kokyunage (Round)</i>	
4	<i>Yokomenuchi Kokyunage (Open door)</i>	
5	<i>Yokomenuchi Kotegaeshi</i>	
<b>D. MUNETSUKI (stomach punch/thrust)</b>		
1	<i>Munetsuki Ikkyo Irimi</i>	
2	<i>Munetsuki Nikkyo</i>	
3	<i>Munetsuki Sankyo</i>	
4	<i>Munetsuki Kaitenage</i>	
5	<i>Munetsuki Kotegaeshi</i>	

II.	TACHIWAZA ARTS (CONT'D)	SCORE
<b>E. KATATETORI (grab wrist-same side)</b>		
1	<i>Katatetori Ikkyo Irimi</i>	
2	<i>Katatetori Nikkyo</i>	
3	<i>Katatetori Sankyo</i>	
4	<i>Katatetori Kokyunage</i>	
5	<i>Katatetori Kotegaeshi</i>	
<b>F. KATATETORI RYOTETORI (2-on-2)</b>		
1	<i>Katatetori Ryotetori Ikkyo Irimi</i>	
2	<i>Katatetori Ryotetori Nikkyo</i>	
3	<i>Katatetori Ryotetori Sankyo</i>	
4	<i>Katatetori Ryotetori Tenchinage Tenkan</i>	
5	<i>Katatetori Ryotetori Kotegaeshi</i>	
<b>G. KATATETORI RYOTEMOCHI (2-on-1)</b>		
1	<i>Katatetori Ryotemochi Kokyunage Tenkan</i>	
2	<i>Katatetori Ryotemochi Kokyunage-Round</i>	
3	<i>Katatetori Ryotemochi Nikajyo</i>	
4	<i>Katatetori Ryotemochi Kokyunage</i>	
5	<i>Katatetori Ryotemochi Kotegaeshi</i>	
<b>H. USHIRO TEKUBITORI (grab from back)</b>		
1	<i>Ushiro Tekubitori Ikkyo Irimi</i>	
2	<i>Ushiro Tekubitori Nikkyo</i>	
3	<i>Ushiro Tekubitori Sankyo</i>	
4	<i>Ushiro Tekubitori Kokyunage</i>	
5	<i>Ushiro Tekubitori Kotegaeshi</i>	
<b>I. ADDITIONAL ARTS</b>		
1	<i>Ushiro Tekubitori Kubishime Sankyo</i>	
2	<i>Ushirotori Kokyunage</i>	
3	<i>Ushiro Hijitori Kokyunage</i>	
4	<i>Ushiro Katatori Kotegaeshi</i>	
5	<i>Ushiro Katatori Kokyunage</i>	
6	<i>Kokyu Dosa</i>	

**REMARKS:** \_\_\_\_\_  
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**NOTES:** Unless otherwise noted, all waza's shall be performed on "left" and "right" sides, bokken/jo right side only.  
**TEST SCORING:** 1-2-3-4-5, (Lowest to Highest) "1" - Didn't know/unable to complete (review w/student), "2" - Unsure of movement/execution (review w/student), "3" - Completed movement, lacked confidence in execution (review w/student) "4" - Movement/execution was satisfactory and/or acceptable, "5" - Undo movement/execution excellent